ST BRIDES CASTLE, PEMBROKESHIRE



For a summary of the aims of the Access Guide please <u>click here</u>. Please remember to discuss your specific requirements with HPB booking staff before confirming any HPB holidays as we can only provide a general guide in these pages.

Site Description

St Brides Castle is a relatively level site with block paviour paths and courtyards giving good access to most areas. Some of the paths have slight gradients. Most of the apartments in the Castle are on the first and second floors and are not easily accessible to anyone who has difficulty climbing stairs.

St Brides Castle is a Grade 2* Listed Building and as a result the front entrance has not been adapted for wheelchair users. The alternative access to the Castle is via the rear courtyard entrance (beside the Conservatory). Care should be taken when negotiating the various fire doors.

Car Parking

Designated Car Parking is regrettably not adjacent to the adapted properties; however pathways between the car park and the properties have good surfaces and are level. Luggage trolleys are available for loading and unloading vehicles.

Reception and Information Areas

Access to the Reception area and shop is level (some assistance may be required as the door is heavy). There is a step up to the Information Area however this is immediately next to the reception area so assistance is available during office hours.

Swimming Pool

The swimming pool is located in the Castle with good level access from the rear courtyard entrance.

Changing Rooms: Special changing facilities are available. Key available on request. Please note that whilst there is a disabled toilet and a wash basin in the changing room there is no shower.

Swimming Pool: The swimming pool is 1.4 metres in depth overall. There is no hoist available. Access into the swimming pool can be awkward for a disabled person without assistance. There is one step up before the main steps down to the pool itself and there is only one hand rail beside these steps.

The Main Hall, Games Room, Library, Video Library, Billiard Room

These are located in the main Castle building and are all accessible to wheelchair users. (Please note that the video library is stored on shelves - the upper shelves may be out of reach to wheelchair users.)

Equipment

Equipment available on site – please speak to reception

Showering Wheelchair with large wheels and horseshoe pattern seat

Shower Seat - not fixed

Suction Grab Rails

Toilet Frame (can be used with raised toilet seat)

Raised Toilet seat (can be used with toilet frame)

Bath Board (seat fits securely across the top of the bath)

Bath Step

Bed/Chair blocks (to adjust bed height) - 9cm

Bed/Chair blocks (to adjust bed height) – 14cm

Bed Board (board to fit under the mattress to provide firmness)

Removeable bed support rail

Telephone with volume control

Set of visual/vibrating fire alarms for deaf/hard of hearing

Agrippa Pillow fire alarm

Door Ramps

Mobility Walker

Bondholders requiring special equipment during their stay should first contact their own District Nurse or Occupational Therapist who may be able to make appropriate arrangements with an NHS Loan Equipment Store near the site.

For Bondholders/Carers who wish to hire equipment during their stay at St Brides Castle they may wish to contact:

Milford Haven Pembroke Dock Showroom 20 Gordon Street Pembroke Dock SA72 6DA Tel: 01646 279352 Option 1

Milford Haven Showroom 128 Robert Street Milford Haven Pembrokeshire SA73 2DL Tel: 01646 279352 Option 2

Email info@mobilityshopwales.co.uk

If you are arranging for items to be delivered to site please let site know when they are going to be delivered and what items

Equipment available:

Wheelchairs - both manual and electric Hoists, Commodes, Bed Tables, Scooters, Toilet raisers, Toilet frames, Zimmer walking frames, Electric bath seats (to hoist in and out of a bath) Tri-walkers, Ramps, Waterproof covers for wheelchairs.

Disabled Properties

Specially adapted properties for disabled use please click here

Mobility Friendly Properties

A property suitable for those with some mobility issues or limitations, but not suitable for wheelchair access. These properties have stair-free access (but may have the odd step) and at least one bedroom and a shower room on the same level as living/dining rooms (please refer to the property description in order to verify any individual property's suitability for your requirements).

Mobility friendly properties please click here