



For a summary of the aims of the Access Guide please <u>click here</u>. Please remember to discuss your specific requirements with HPB booking staff before confirming any HPB holidays as we can only provide a general guide in these pages.

Site Description

Sibton Park occupies a gently sloping site with generally good pedestrian access to most of the properties, the public areas and the gardens. The Manor House is a fine 17th Century listed building where only a limited amount of adaptation to improve access has been possible. There is reasonable access to the ground floor rooms but the upper floors are only accessible via stairs.



Car Parking

The car park is situated at the southern corner of the site. It is reasonably close to the two wheelchair adapted properties (and designated spaces are provided), but is some 100 metres from the Manor House. Luggage barrows are available.



Reception and Public Areas

The Reception Area and all public rooms in the Manor House, including the Long Room, Library and Billiards Room (with Video Library), are accessible to wheelchair users. The games room, on the first floor of the Leisure Centre, is the only communal facility that is not easily accessible.



Swimming Pool / Leisure Centre

The swimming pool building is situated at the top of the garden some 100m. from the Manor House. Access is via a reasonably level path, part of which is a raised boardwalk beneath an old yew hedge - care is needed on this section. As well as the swimming pool facilities, there is also a sauna and mini gym. On the upper level there is a Games Room (table



tennis, pool and bar billiards) however this is only accessible to those that can manage stairs.



Swimming Pool: The swimming pool is of standard depth (1.3m) and there is a block-step access into the pool to assist wheelchair users. **Changing Room:** There is a changing room specially designed for disabled users.

Equipment

Equipment available on site - please speak to reception

Showering Wheelchair with large wheels and horseshoe pattern seat

Shower Seat - not fixed

Suction Grab Rails

Toilet Frame (can be used with raised toilet seat)

Raised Toilet seat (can be used with toilet frame)

Bath Board (seat fits securely across the top of the bath)

Bath Step

Bed/Chair blocks (to adjust bed height) - 9cm

Bed/Chair blocks (to adjust bed height) - 14cm

Bed Board (board to fit under the mattress to provide firmness)

Removeable bed support rail

Telephone with volume control

Set of visual/vibrating fire alarms for deaf/hard of hearing

Agrippa Pillow fire alarm

Door Ramps

Mobility Walker

Bondholders requiring special equipment during their stay should first contact their own District Nurse or Occupational Therapist who may then make arrangements with an NHS Loan Equipment Store near the site.

Cinque Ports Mobility, 121 Enbrook Valley, Folkestone, Kent CT20 3NE

Cinque Ports Mobility, 121 Enbrook Valley, Folkestone, Kent CT20 3NE Tel. 01303 850760. Contact: David French

Safe Hands, 347/349 Cheriton Road, Folkestone. Tel. 01303 274574. Specialise in sales of medical accessories - electric wheelchairs for hire.

Folkestone Loan Equipment Store is administered by the local NHS Trust and arrangements must be made by bondholders own District Nurse or OT.

Meritum Independent Living, 63/67 Cheriton High Street, Folkestone, Kent, CT19 4HA Tel: 01303 272348

Adapted Properties

Specially adapted properties for disabled use please click here

Mobility Friendly Properties

These properties are suitable for those with some mobility issues or limitations, but not suitable for wheelchair access. These properties have stair-free access (but may have the odd step) and at least one bedroom and a shower room on the same level as living/dining rooms (please refer to the property description in order to verify any individual property's suitability for your requirements).

Mobility friendly properties please click <u>here</u>