TIGH MOR TROSSACHS, PERTHSHIRE



For a summary of the aims of the Access Guide please <u>click here</u>. Please remember to discuss your specific requirements with HPB booking staff before confirming any HPB holidays as we can only provide a general guide in these pages.

Site Description

Tigh Mor is situated on a steeply sloping hillside which can make access around the site difficult for those in wheel chairs or with walking difficulties. All the paths and roadways are paved or tarmac, however it should be noted that the road from the main buildings to the bistro and main car parks has several speed humps built into it.

Vehicular access down to the loch side for those with mobility difficulties can be arranged through reception.

Car Parking

There is allocated parking for disabled visitors in front of E Wing adjacent to the Main Reception, and also a reserved space for W1 and W10. It should be noted that the main car parks are situated at the rear of the building and access into the property at this point are via steep staircases.

Reception and Public Areas

Access into reception, library, shop and lounge areas is relatively easy via a slight slope up to the main entrance door. The family room, and snooker and information areas are situated on the first floor which can be accessed by a lift. The indoor bowls and exercise area are on the second floor and can only be reached from a steep flight of stairs. The bistro is easily accessible form the immediate area but as previously stated this building is situated at the rear of the site and access on foot is either via stairways, or up the fairly steep roadway with speed humps.

Swimming Pool and Leisure Centre

These facilities are situated to the rear of reception and are accessible by wheelchair. It should be noted there are no separate changing facilities for

disabled Bondholders and access into the pool is via a portable step and handrail.

Equipment

Equipment available on site - please speak to reception

Showering Wheelchair with large wheels and horseshoe pattern seat

Shower Seat - not fixed

Suction Grab Rails

Toilet Frame (can be used with raised toilet seat)

Raised Toilet seat (can be used with toilet frame)

Bath Board (seat fits securely across the top of the bath)

Bath Step

Bed/Chair blocks (to adjust bed height) - 9cm

Bed/Chair blocks (to adjust bed height) - 14cm

Bed Board (board to fit under the mattress to provide firmness)

Removeable bed support rail

Telephone with volume control

Set of visual/vibrating fire alarms for deaf/hard of hearing

Agrippa Pillow fire alarm

Door Ramps

Mobility Walker

Bondholders requiring special equipment during their stay should first contact their own District Nurse or Occupational Therapist who may be able to make appropriate arrangements with an NHS Loan Equipment Store near the site.

Disabled Properties

Specially adapted properties for disabled use please click here

Mobility Friendly Properties

A property suitable for those with some mobility issues or limitations, but not suitable for wheelchair access. These properties have stair-free access (but may have the odd step) and at least one bedroom and a shower room on the same level as living/dining rooms (please refer to the property

description in order to verify any individual property's suitability for your requirements).

Mobility friendly properties please click <u>here</u>