

## Alternative Holidays

Please note these holiday locations have not been visited by the Trustees of the RAF Disabled Holiday Trust – any queries about accessibility and applications should be address direct to the Manager of the location.

### Victory Services Club, near Marble Arch, London

2 or 3 nights bed & breakfast breaks available to beneficiaries of the RAF Disabled Holiday Trust. Please contact the Administrator for further information and an application form.

### Princess Marina House – Rustington, West Sussex

Short-stay home run by RAFBF. No nursing care. Further details: <https://www.rafbf.org/princess-marina-house/book-your-stay> Application form – Mrs Shirley Steeples- 01903 788 970 or 01903 784 044.

### Seacot House – Rustington West Sussex

Self-catering accommodation owned by RAFBF. Wheelchair accessible, bathlift & adjustable beds can be provided as necessary.

Further details: <https://www.rafbf.org/seaside-cottages> Application from – Mrs Shirley Steeples, 01903 788 970 or 01903 784 044.

### Rothbury House – Northumberland, Flowerdown House – Weston-Super-Mare Richard Peck House – Lytham St Annes, Nr Blackpool,

Short-stay homes owned by RAFA. No nursing care

Further details: <http://www.homesfromhome.org.uk/> Application form – The Welfare Team 0116 266 5224

### RAFA Holiday Home

Holiday home on Bunn Leisure Centre Site at Selsey, West Sussex. Sleeps 5 and has disabled access. Further details: [www.rafa.org.uk/welfare-facilities](http://www.rafa.org.uk/welfare-facilities). Applications: Mrs Sue Smith, 0203 823 8130/8131.

### Holidays For Heroes Jersey

Provide free holidays in accessible hotels in Jersey. Available to any member, past or present, of HM Armed Forces who has been injured in mind or body whilst on active duty.

Further details: <http://www.hols4heroesjersey.org.je/> Tel: 01534 856658. Please note the application form needs to be countersigned by the Administrator from the RAF Disabled Holiday Trust.

### Vitalise

Respite breaks with nursing & carers at centres in Nottingham, Southport, Southampton, Chigwell  
Self-catering accessible lodge in Cornwall. A limited number of funded breaks are available – quote BPE for this scheme. Further details: <http://revitalise.org.uk/> Tel: 0303 303 0145

### Colmans Cottages

Cottage at Le Haut Fresnay in Orne Region of Southern Normandy. Sleeps four and has two fully accessible bedrooms on ground floor. Further info: [www.colmancottages.com](http://www.colmancottages.com)  
tel. 01748 884 264.

### Park House Hotel

Hotel on Royal Sandringham Estate in Norfolk offering exceptional levels of disabled access. Holidays can be independent, minimal care or full care basis. Hotel offers many activities, evening entertainment and local trips in wheelchair accessible minibuses. Further info: [www.parkhousehotel.org.uk](http://www.parkhousehotel.org.uk)  
01485 543000

## **I Need A Holiday Too**

Adapted cotton Mill in La Roche Derrien, Brittany. Offers fully accessible accommodation including level access showers, raised toilets, wheel-under sinks. Equipment hire, adapted transport and support workers are also available. Further info: [www.ineedaholidaytoo.com](http://www.ineedaholidaytoo.com). Tel 0800 949 6801 .

## **Petwood Hotel Ltd**

Previously the home of the Dambusters and Officers Mess for 617 and 619 Squadron. The hotel has 4 bedrooms adapted for disabled guests and is wheelchair accessible. Concerts, dinners and dances held throughout the year. Further info: 01526 352411 [emma@petwood.co.uk](mailto:emma@petwood.co.uk)

## **Royal British Legion Poppy Break Centres**

Those eligible for a Poppy Break are serving or ex-Service men or women or their dependants who are in genuine need of a break.

The 4 Poppy Break Centres are located in prime locations around the country. [Click here for a map of their locations.](#) Catchment details for each centre are:

### **Alderson House**

North East & Midlands, Leicestershire, Northamptonshire, Lincolnshire, Norfolk, Northumberland, Cambridgeshire, Nottinghamshire, Derbyshire, Yorkshire, Durham, Scotland\*

### **Bennet House**

Northern Ireland, Irish Republic & Scotland

### **Byng House**

North West, West Midlands, North Wales, Cumbria, Cheshire, North Staffordshire, North Shropshire, Lancashire, Merseyside, Greater Manchester, Isle of Man, Ceredigion, Flintshire, Denbighshire, Anglesey, Montgomeryshire, Meirionnydd, Scotland

### **Somerset Legion House**

South Western, South Eastern, Metropolitan, West Midlands, South Wales, Bedfordshire, Birmingham, Buckinghamshire, Essex, Gloucestershire, Hereford, Worcester, Hertfordshire, Oxfordshire, Suffolk, Warwickshire, South Staffordshire, Brecon & Radnor, Carmarthen, Pembroke, Rhondda & Pontypridd, Vale of Glamorgan, West Glamorgan, Gwent

## **Adventure Breaks for young people - Seven days of fun packed adventure!**

Working in partnership with Klub Group, a provider of adventure holidays for many years, the Legion offers FREE week-long adventure breaks to children of men and women who are currently serving, or have served in the Armed Forces.

This Poppy Adventure Break is a great opportunity for young people to enjoy themselves, meet new people, experience new things, improve their self esteem - and most of all have fun. Needless to say parents get a well earned break as well. If you answer YES to just one of the questions below, then your children (between the ages of 12 and 17 at next birthday) qualify for an adventure break.



- Are you a one parent household because of bereavement or break up of the family?
- Is one parent currently serving on overseas operations?
- Is one parent caring for a disabled partner?
- Have you not had a holiday away from home in 3 years?
- Do you support your household with less than £30,000 gross annual income per year?

For further information on how to apply for a Poppy Adventure Break call Legionline on 0808 802 8080 or [contact them by email](#).

### **Happy Kids Holidays**

<http://happykidsholidays.com/> This is a non-profit organisation arranging holidays in France for families who have children on the autistic spectrum.

### **The Gwennili Trust**

Irrespective of age or disability, yacht sailing is easily accessible through the Gwennili Trust. Whether you are a first time sailor or an experienced sea dog we have something for you.

Our Sailing Programme ranges from simple day sails in the Solent on a wheelchair friendly catamaran to longer cruises to France and the Channel Islands on conventional yachts (weather of course permitting).

We have many years experience providing yacht sailing opportunities to people with a wide range of disabilities whether visually impaired, with learning difficulties or of limited mobility. In fact a significant part of our activities are based on vessels which have been purpose built for wheelchair users.

Please visit their website for more details: <http://www.gwennili.org.uk/>

Wingham House  
Bishops Waltham  
Hants  
SO32 1BZ

### **3H Fund (Holidays for Disabled People, Respite for Carers)**

Some people do not take holidays. They think it will be too difficult because they are disabled. Thankfully though, that doesn't have to be the case. 3H Fund are specialists in providing subsidised group holidays for physically disabled people and respite for their carers. After more than 30 years of holiday organising, we know how to make it easy for our guests by arranging transport, activities, and most importantly, care.

We all need a break from time to time and 3H Fund provides you with a happy trouble-free holiday.

Further info: 01892 860207 or <http://www.3.hfund.org.uk/Holidays>

### **The Grove Bournemouth**

Owned by Macmillan Caring Locally. Offers hotel accommodation for people with cancer or other life threatening illnesses. A nurse is on duty 24 hours a day although in an advisory and supportive role, rather than hands on. Guests need to be well enough to enjoy a holiday atmosphere.

Further info: <http://www.thegrovebournemouth.co.uk/> 01202 552233.

### **Heroes Haven Swanage**

The [lodge](#) has been specially designed to cater for wheelchairs, and for those that have suffered serious injuries to enjoy a "normal" family holiday,

The lodge is sited at [Herston Leisure Park](#), Washpond Lane, Swanage, in its own landscaped grounds, it offers a garden where those that suffer from post-traumatic stress, can benefit from the tranquillity of being in the countryside whilst enjoying the plants and shrubs that have been carefully chosen for their therapeutic scents and colour.

The accommodation is offered to serving or ex-service members of our Armed Forces who have been injured or disabled in the course of their duties. It is also offered to their families or carers for respite. The

facility is not offered to family members who are disabled. The cost is £200 per week (July 2012), it sleeps six persons and a cot and highchair is available if required.

Further info: [www.heroes-haven.org.uk](http://www.heroes-haven.org.uk) or Linda Welsh, Trustee/Secretary 01929422384/ 07875142227

### **Jubilee Sailing Trust**

A charity that owns 2 unique tall ships, Lord Nelson and Tenacious which were designed and built to take people of all abilities sailing, side by side on equal terms. Lord Nelson will leave Southampton on the 19<sup>th</sup> October 2012 and 'Sail the World'. 4 times across the Equator, 50,000 miles, 7 continents, 30 countries and return home in September 2014 All with the opportunity for a mixed ability crew!!!

Further info: Tina Whiting 023 8042 6868 [partnership@jst.org.uk](mailto:partnership@jst.org.uk) Website: [www.jst.org.uk](http://www.jst.org.uk)

### **Holiday Homes Trust**

A charity offering low cost, fully accessible, self-catering caravan/chalet holiday accommodation in popular UK resorts for families or individuals who are disadvantaged, whether through disability, income or circumstances. Further info: 0208 433 7290 or 0208 433 7291.

<mailto:scout.holiday.homes@scouts.org.uk> Website: <http://www.holidayhomestrust.org/>